

Meredith Gelman LCSW, LLC
9675 A Main Street
Annandale, Virginia 22031

E-Mail and Texting Policy

- Due to the possibility of inadvertent misaddressing, interception, and inadvertent or malicious dissemination, e-mail and text are not a secure or confidential form of communication. Therefore, I cannot guarantee that any e-mail/text exchange will remain confidential.
- E-mail names, including my own, can quite easily be copied and used to misrepresent the identity of the sender. You will only receive a text from me when we have mutually agreed either through email or verbally.
- Email and texting will only be used to confirm or make an appointment. Please do not send me detailed information regarding you.

Given these risks, you should be aware that although I will make every effort to assure your privacy, your communication with me might be read by unintended persons.

I understand and accept the risks of electronic communication with Meredith Gelman.

(Client signature)

(Date)

(Printed name)
